

# Coaches National CC Championships

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**Competition Date:** December 5 / Percy Warner Park – Brentwood, TN (site of the Tennessee State HS CC Championships)

**Athlete Check In:**

For those athletes not traveling with the team you must be at the KTC team tent no later than 1.5 hours prior to your scheduled event. NO EXCEPTIONS. You will receive bib number at our tent.

**KTC Team Tent (green canopy):**

Once you have checked in at the tent you will be required to stay at the staging tent until you warm up. We will do our best to make sure that you get to the starting line with other athletes from KTC in your race. Parents do not leave the race venue with your children. There will be numerous athletes competing in this event and we cannot spend time tracking you down during the meet. If you choose to do so it will be your responsibility to warm up and check your child into the event.

**KTC Uniform:**

We recommend athletes wear the KTC Team Uniform. These uniforms are available at the Runners Market – Western Plaza Shopping Center – 865-588-1650

**Team Travel – Hotel- Costs**

KTC Team will depart via van from Knoxville – 1PM Sharp !! 12/4/09. Ingles Parking Lot –Karns -- Do not be late! We will go straight to the course to jog when we arrive in Brentwood. We will return after the conclusion of the meet Saturday. We anticipate returning to Knoxville no later than 8:30PM at the Ingles in Karns. We will have athletes call parents when we are 1 hour outside of Knoxville.

The KTC Team will be staying Friday night 12/4 at the:

**Comfort Inn and Suites Brentwood**

5566 Franklin Pike Circle  
Brentwood, TN 37027  
615-221-5001 - Hotel

\*\*\*Parents Needing Rooms will need to contact Marty Sonnenfeldt ( [tenrunner@aol.com](mailto:tenrunner@aol.com) ) no later than 11/27 – they are on a first come first serve basis.\*\*\*

Travel Cost – (Van and Hotel) - \$65.00 per athlete – made payable to KTC and due prior to competition

Entry Fee - \$20.00 per athlete made payable to KTC – please have this available at packet pick up or at departure.

Other Costs – Meals for 2 days.

Please remember to bring your KTC Uniform, competition and training shoes, warm-ups and extra socks. While on the trip you are to maintain exemplary behavior in accordance with KTC Team Polices found on our website: [http://www.ktcyouthathletics.org/documents/KTCTEAMPOLICIES\\_000.pdf](http://www.ktcyouthathletics.org/documents/KTCTEAMPOLICIES_000.pdf)

For further Information please contact: Marty Sonnenfeldt at 865-406-4128 or [tenrunner@aol.com](mailto:tenrunner@aol.com)